

Secret Techniques of the Manifestation Masters

Lesson 1

This is the first lesson in the e-Class...We have a lot of ground to cover so let's get to work. You may want to print this out and grab a pen or pencil. You will likely have to read some parts over and over before they sink in.

What you are experiencing right now is just a tiny portion of a Dimensionally Larger World. You are experiencing this because you fused yourself (your Imagination) with a State in that Dimensionally Larger World (from now on let's call it DLW) and gave it Life.

Creation is Finished. Therefore, there is nothing for you to "Create." It's merely a matter of deciding what you want, capture the feeling of the wish fulfilled and then to STOP keeping it from you with your thoughts.

You are probably not aware of how (and probably even why) you chose this State. Perhaps, you were following a pattern set by your parents. Or, maybe you decided years ago how you wanted your life and worked hard to get it but somehow it shifted on you so that you are no longer pleased with your Current State.

Maybe you've fallen into a strange rut and it seems that no matter what you do things seem to stay the same or get worse!

However, the current circumstances mean nothing...

They are past manifestations and they have NO BEARING on the future.

You can change your world...instantly.

(If you don't believe me yet, wait until the third week and I'll give you a simple experiment that will PROVE that what I say is true. It is startling and the possible implications scare some people.)

The DLW contains any State that you can imagine.

So, what do you want?

- A mansion in Florida with 3 Rolls Royces, two swimming pools and a stunning view of the Ocean? It ALREADY exists in the DLW...
- To easily and joyously pay all of your bills, be out of debt and help out friends, family and charities? It exists in the DLW...
- True love with your Soul Mate? It exists in the DLW
- To live continuously in the consciousness of Buddha or Christ or Lord Krishna? It already exists in the DLW

In fact, every possibility exists in the DLW as a "ready-made

State" ready for you to occupy physically if you will enliven it with your Imagination.

That is why it is not necessary to try hard to use the Secret Techniques of the Manifestation Masters. When you follow the steps the results happen. It is your birthright.

In fact, nothing can stop it and life becomes a pleasure as you wonder in what unique ways and what interesting coincidences will occur to bring you physically into your Imagined State.

This is where Déjà vu comes from. You have already seen these States as the Bridge of Incidence that you marked out on the way back from your imaginings.

The first series of assignments will prepare you to use Neville Goddard's core technique for great effect. In later assignments, we will combine a Silva Technique and Neville's Time Based Technique to change the future BY A CERTAIN DATE.

Until then, we are going to learn in a way that will break up the Mental Grooves that hold you bound so you are Imaginatively free to occupy States in the DLW.

Here's the first set of assignments. It may seem like a lot, but remember this is a training. We are breaking Mental Grooves and installing new ones. I take this very seriously and so should you.

*** Part 1 ***

Listen to the Silva Centering Exercise once a day for the next 7 days - you can find it at <http://www.silvaclasses.com/> remember to actively use your mind. So when Ed Bernd, Jr. says, "Now relax your eyelids" - really relax them - do not listen passively.

The purpose of this is to teach you how to lose consciousness of the physical body. At some point during the Centering exercise you will be a single point of awareness without knowledge of

your physical body. This is the FIRST step in Neville's basic technique. You have removed the Imaginal Support from your Current State.

In the morning, when you first wake up, you will countdown from 50 to 1 with the Intention that when you reach the count of 1 (or sometime before) you will be aware of yourself as a single point of awareness.

In the evening, as you drift to sleep, you will countdown from 50 to 1 and allow your body to fall asleep but keep your mind awake. If you reach one and your body is still awake start again.

This is not an impossible schedule but it will require dedication. You are dedicated, aren't you?

*** Part 2 ***

You are going to imagine 5 things you want to manifest. These must be things that get your blood pumping.

The must make you drool a bit. Or, they must be incredibly important to you.

Then, you are going to create a mental drama that implies that what you want manifested is yours already.

For example, not too long ago I decided that I should own my Real Estate company 100%. Now, it was foolish for me to think this since I owned a paltry 1% at that time. And, my acceptance offer stated that I could purchase no more than 45% of the company.

The senses say that it would be foolish to imagine that I will own it outright. What right do I have?

But, facts do not matter. So I put my Imagination to work. I imagined that I looked at the Company's certificates and it had me listed as 100% owner. Naturally, official documents would never state that if it were not already true. So, viewing the documents implied that my wish is fulfilled.

A letter came to me with an option to purchase the company for a certain amount of money. It was not an unreasonable amount but I didn't have that amount of money.

I nearly signed the papers on faith that the money would appear. But, my intuition made me wait. Remember, in the DLW I already owned the company 100%!

Another week or two passed, and yet another offer letter came. This one "gifted" 100% of the shares to me, if I would just sign the papers before December 31st.

Isn't that wonderful?

So, for each thing that you want to manifest you create a mental movie of some action that you would engage in that implies your wish is fulfilled. You will be in the movie experiencing everything with your own eyes and feeling things with your skin and hearing with your ears. You will NOT see yourself in the movie. You will be IN the movie, experiencing it fully.

These movies will be short. No more than a few seconds each.

Here's an example:

Here's what you want:

"I want a brand new, Honda Civic EX."

Here's an Imaginal Scene (the Movie):

You are driving to work in your car. You can see the cars in front of you. You can feel your hands on the steering wheel. You can smell that new car smell. You can feel yourself comfortably in the seat. You say to yourself, "Isn't it wonderful!" You get to work and a co-worker compliments your new car.

And, it will happen in nearly the exact way that you imagine. The whole time it plays out you will be vibrating with LIFE and in awe of your wonderful Imagination. I've had people repeat almost EXACTLY word for word conversations I previously imagined them saying just a couple days before. Whole scenarios have played out before me and I knew each instant what would happen because I imagined it FIRST.

When I say, "I knew you were going to say that." I am not kidding.

You don't imagine HOW you will get that new Honda Civic. It may be given to you. You may win a prize drawing. You may get a raise and decide that you can now afford it. You just Imagine that you have it and the details work themselves out.

Now, list the 5 things that you want to manifest and create a simple 5 or 10 second Movie for them. Put this in a journal and date it. Also, list in the journal each day that you play that movie...

When you are finished, email me so I can make sure you and I understand each other and give you the O.K. Also, don't be shy or embarrassed about what you want.

If you email me this: "Me and the Tom Selleck look-alike are in the Jacuzzi. Surprisingly, he pulls his shorts out of the water and tosses them aside. They make a sloshing sound as they hit the ground."

That is O.K., if you are a woman or a man. Just email me the Imaginal Scenarios so I can make sure they are formed correctly.

Now, here's the good part. When I have returned the approved versions of your Imaginal Scenarios you will then find time each day to play them in your Imagination. This can be after your 50 to 1 countdowns or right after you go through the Centering Exercise.

*** Part 3 ***

Throughout your normal day, whenever you consider the thing you want to manifest, bring up the feeling that you already have it. If doubts come in, do not worry. Just replace them with the feeling you already have it.

You don't have to fully understand everything I've said until now. The important thing is to do the exercises.

These are your assignments. This may seem like a lot but this groundwork must be laid to get the stunning effects I have imagined for you. We are creating new and improved Mental Grooves that will stay with you for the rest of your life.

-- Jason

P.S. Next week, we will discuss more about the DLW and the 3 Laws of Manifestation. How to Create A Bridge and A Technique to Pivot Thoughts...

The third week, will discuss How to Influence Others for Good, Why (and How) You Must Change the Past To Change the Future and more...